



Making Sense of SPD: Diagnosis & Treatment For Sensory Processing Disorder

M Holt

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Think your child's behaviour could be Sensory Processing Disorder?

For many parents it can be such a relief to finally find some answers and explanation as to why their child deals with sensory information in a different way to them. After much desperation and stress finding that SPD symptoms fit with their behaviour is reassuring, especially to ease any unnecessary worries that their parenting skills are at fault.

Have you read that SPD isn't real? Let's look at the evidence!

You may have found this explanation but soon after been disheartened to read various views that SPD is not a real disorder. For many parents of a child with SPD, such as yourselves, know that their behaviours are not 'just a phase', 'something they will grow out of', or 'naughty behaviour' that needs stricter discipline. In this book we look to the research and evidence behind SDP and how it affects your child.

Did you know that very often children with SPD do not have an autistic spectrum disorder?

Unlike many others that cover Sensory Processing Disorder, this book looks solely at SPD in children and adults without other common disorders such as ADHD, Autism and Aspergers.

Learn how to cope from those with, or parents of, those with SPD!

This book will take you through a variety of strategies that have proved helpful with SPD. Many adults have learnt ways of facing difficult social situations that we will explore in this book.

Explain SPD in a way that makes sense to others!

Teachers, friends, family. There are many people that will not understand what SPD is or how to help someone with SPD. Let's break it down so that they can understand that the way they experience the world is not necessarily how others will. We are all unique! (We invite you to pass on this book if it helps).

Here Is A Preview Of What You'll Learn From 'Making Sense of SPD':

- Understand what SPD is and how it affects people, children and adults, in everyday life including: school, work, relationships and more.
- Identify the types of SPD and how a correct diagnosis is important to getting the right treatment.
- Explore how children and adults with SPD have learnt to deal with the disorder and learn the strategies that have helped them cope with day to day difficulties.
- Discover what treatments are available for SPD and what they involve.
- How to explain SPD to relatives, friends, colleagues or school teachers to help them understand and help someone with Sensory Processing Disorder.

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