

Divorce Busting: A Step-by-Step Approach to Making Your Marriage Loving Again

Michele Weiner-Davis

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In this groundbreaking book, Michele Weiner-Davis gives straightforward, effective advice on preventing divorce and how couples can stay together instead of coming apart.

Using case histories to illustrate her marriage-enriching, divorce-preventing techniques, which can be used even if only one partner participates, Weiner-Davis shows readers:

- * How to leave the past behind and set attainable goals
- * Strategies for identifying problem-solving behavior that works—and how to make changes last
- * "Uncommon-sense" methods for breaking unproductive patterns

Inspirational and accessible, *Divorce Busting* shows readers in pain that working it out is better than getting out.



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