



# The Courage to Be Free: Discover Your Original Fearless Self

*Guy Finley*

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## **The Courage to Be Free: Discover Your Original Fearless Self** Guy Finley

We were not born with the persistent negative, self-doubting, self-limiting thoughts and feelings most of us carry around. Those limitations are not part of our "original equipment." In the words of bestselling author and beloved teacher Guy Finley, "When you realize no one else on this earth can be like you... that no other soul may know the beauty, sorrow, light and darkness you alone are given to see, then you will no longer want to be like anyone else on this earth. You will, at last, be the fearless individual your heart of hearts has called you to be."

There is a world of wisdom in this small gem of a book. Guy Finley is a master at opening our eyes, ears, and hearts to the plain and simple truths of this life. We are not our sense of inadequacy, our compulsions, our defeated thoughts and feelings. We can choose the fearless path because we were, in fact, born fearless.

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People live in this new moment of lifestyle always try and must have the time or they will get lots of stress from both daily life and work. So , whenever we ask do people have extra time, we will say absolutely yes. People is human not really a huge robot. Then we consult again, what kind of activity do you possess when the spare time coming to a person of course your answer will unlimited right. Then do you ever try this one, reading publications. It can be your alternative within spending your spare time, often the book you have read is The Courage to Be Free: Discover Your Original Fearless Self.

#### **Maureen Perdue:**

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