

The Barn at the End of the World: The Apprenticeship of a Quaker, Buddhist Shepherd

Mary Rose O'Reilley

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Transcendence can come in many forms. For Mary Rose O'Reilley a year tending sheep seemed a way to seek a spirituality based not on "climbing out of the body" but rather on existing fully in the world, at least if she could overlook some of its earthier aspects. The Barn at the End of the World follows O'Reilley in her sometimes funny, sometimes moving quest. Though small in stature, she learns to "flip" very large sheep and help them lamb. She also visits a Buddhist monastery in France, where she studies the practice of Mahayana Buddhism, dividing her spare time between meditation and dreaming of French pastries.



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