



The Beautiful Brain Book: A workbook that could change your life!

Belinda Pearl

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The Beautiful Brain Book: A workbook that could change your life! Belinda Pearl

This book is an amazing life tool! It's a place for you to put all that is in your brain onto paper and document it. Used properly you will find yourself, the inner you and the way you roll (function). It's a way to collaborate all your thoughts, to learn about them, what they mean, how they affect you and to look at all your thoughts at different states of your mind. Learn what you are really saying to yourself and what are the real answers. This workbook is inspiring to see how far you have come, where you want to go and brings your subconscious to the surface. The Author Belinda Pearl has published 2 other Motivational books, 5 C.D's and has Qualifications & Experience in Communication, Psychology & Motivation. She is also the founder of Australian Active Aim, a business conducting private, workplace & school Training in Motivation & Communication. Belinda Pearl has built a system over the last 15 years, first for her own personal use and then formed it into a professional program and course for her coaching, counselling and business clients. After years and years of amazing success.... Now she is sharing the secrets with you in this book. The book looks at your dreams, how to grab them, your fears and personal insecurities that stops you achieving, life challenges, utilizing your loving support around you. Also looking at your strengths, subconscious and conscious fears, gratitude, support, resources, tools and strategies, answers to your long asking questions. Find the choices you want and need in your life ,realize all the benefits of living your life to your full potential. Create easy roads to achieving, knowing how to research your challenges, being who you want to be, find solutions to your relationships and careers. Attract a great positive life, be moved by inspiring messages and affirmations. Also inserted into the amazing workbook is Belinda Peal's own photo album of her travels around the world. Magical sites with simple inspiring magical messages to go with them. Making every page interesting to not just read, but to look at also. The most unique part of the book, that sets it apart from other motivational workbooks is there are many options and ideas to make it so much easier for you to think about your life. The book also has a sweet insert to address a loved one when giving the book as a great life changing gift.

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