



# Research Methods for Clinical and Health Psychology

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'If you are teaching postgraduate research methods courses, including those aimed at a mixture of psychologists and other health professionals, this book is worth considering as a core text'

- **John Hegarty, THES**

This textbook offers an excellent introduction to the variety of research methods used within the fields of clinical and health psychology. The book provides a detailed, yet concise, explanation of both qualitative and quantitative approaches and draws upon case-study examples to illustrate how these can be used in a variety of health-care settings, with special relevance to clinical disorders, disease prevention and health promotion.

Key features of the book include:

- A clear and concise narrative
- Real-life case studies and examples drawn from clinical practice.
- Revision questions in each chapter
- Boxes, diagrams and tables to highlight key points
- Chapter outlines, summaries and a glossary of useful terms to help students and researchers with independent study and learning.

**Research Methods for Clinical and Health Psychology** fulfils the demand for a textbook explaining how qualitative and quantitative methods can be used explicitly in a health psychology context. It will be invaluable reading for clinical and health psychology students, trainees and practitioners, as well as those in nursing, medical and other healthcare departments taking an advanced psychology option.

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