



Art Therapy (Creative Therapies in Practice series)

David Edwards

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This bestselling introduction to art therapy brings theory to life through case material and examples of real artwork produced during therapy sessions. Practising art therapist Dave Edwards explains key theoretical ideas - such as symbolism, play, transference and interpretation - and shows how these relate to practice.

As well as providing useful information on training, employment and the role of the HPC, the book offers extra practical guidance on:

- assessing clients
- establishing and maintaining boundaries
- ending therapy
- private practice.

Now even more practical and accessible, this fully updated **Second Edition** includes a glossary, chapter summaries and other learning features. Case studies from a variety of settings illustrate the application of art therapy in real-life scenarios.

This book offers an excellent foundation on which to build future knowledge and skills and should be on the shelf of every art therapy trainee and new practitioner.

David Edwards is an experienced HCPC registered art therapist who lives and works in Sheffield, UK.

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