



Arts Therapies in Schools

Vicky Karkou

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As arts therapists are increasingly working in schools, there is growing interest in identifying applicable therapeutic approaches and expanding on relevant research evidence. This book outlines the potential uses of music, art, drama and dance movement therapies in educational settings, and the contribution they have to make to the emotional and social development of children and adolescents. Drawing on international evidence, the book outlines a wide range of innovative applications of arts therapies across a range of settings, including mainstream classrooms, special schools and student support units. Examples of subjects covered include solution-focused brief dramatherapy groupwork in mainstream education, art therapy for children with specific learning difficulties who have experienced trauma and music therapy in special education. Particular emphasis is placed upon collaborative work, whether it be between arts therapists from different disciplines, arts therapists and teaching staff or arts therapists and researchers. Arts Therapies in Schools will be of great interest to arts therapists, and will also be useful to others who want to know about the potential of arts therapies in the classroom, including teachers and other education professionals, health professionals, educational psychologists, school counsellors and policy makers.

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