



# Principles and Practice of Sex Therapy, Fifth Edition

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# Principles and Practice of Sex Therapy, Fifth Edition

## Principles and Practice of Sex Therapy, Fifth Edition

The leading clinical reference and text in the field, originally developed by the late Sandra Leiblum, this volume addresses the full range of sexual problems and concerns that lead men, women, and couples to seek help. Prominent experts describe cutting-edge assessment and treatment approaches that draw on psychological, interpersonal, and medical interventions. Detailed case examples illustrate how the therapeutic strategies are implemented and shed light on the factors that influence outcomes. The book is grounded in current knowledge about sexuality and sexual functioning across the lifespan. Tightly edited, it features an integrative introduction and conclusion plus a brief editorial commentary at the beginning of each chapter.

### New to This Edition

- \*Reflects major advances in sexual medicine and changes in the DSM-5.
- \*Chapters on infidelity, body image, and noncoercive and coercive paraphilias.
- \*Chapters on sexuality and infertility, disability-affirmative therapy, and sexually transmitted infections.
- \*Expanded lifespan focus: chapters on adolescents/young adults and older adults.
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