



# **I'm Good Enough, I'm Smart Enough, and Doggone It, People Like Me!: Daily Affirmations By Stuart Smalley**

*Al Franken, Stuart Smalley*

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Work, Friendship, Love, Spirituality, Codependency, Self-Esteem, Acceptance...Stuart deals with it all. And as you share his ups and downs, his triumphs and shame spirals, you will come to see the ultimate truth of Stuart's March 21st affirmation: Today I Will Laugh--At Least Once!

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