



Natural & Herbal Family Remedies: Storey's Country Wisdom Bulletin A-168 (Storey Publishing Bulletin, a-168)

Cynthia Black

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Rediscover the Recipes Your Grandmother Once Used

Natural and herbal healing is nothing new. For thousands of years people have relied on the gifts of nature to cure common ailments. Today, herbal remedies have become a popular alternative to conventional medicine and a way for families to address everyday woes themselves.

In *Natural & Herbal Family Remedies*, Cynthia Black shares the tried-and-true remedies that have been with her family for generations. To this day she uses these natural and herbal treatments to care for her family, pets, and home. You'll find recipes for treating the conditions common in every family, including diaper rash, cuts, bruises, stress, headaches, colds, and stomachaches, as well as natural beauty treatments for hair and skin care. Cynthia also provides recipes for nourishing foods, natural animal care, and herbal cleansers for the home.

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Loretta Pena:

The book untitled Natural & Herbal Family Remedies: Storey's Country Wisdom Bulletin A-168 (Storey Publishing Bulletin, a-168) contain a lot of information on that. The writer explains her idea with easy method. The language is very easy to understand all the people, so do not necessarily worry, you can easy to read the idea. The book was compiled by famous author. The author gives you in the new period of literary works. It is easy to read this book because you can read more your smart phone, or program, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site and order it. Have a nice examine.

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