



Nutrition and Diet Therapy

Carroll A. Lutz, Karen Rutherford Przytulski

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This text integrates nutrition science with practical clinical applications. It stresses health promotion and maintenance and discusses the treatment of nutrition-related diseases. Numerous sample diets and assessment tools are provided, and each chapter contains a case study organized by nursing process, chapter outline, learning objectives, glossary terms, chapter review questions, clinical calculations and chapter summaries. In addition, internet sites and links are provided for most chapters.

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