



The Art of Comforting: What to Say and Do for People in Distress

Val Walker

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We live in an increasingly "virtual" world in which it can be tempting to skip making that true, human connection with someone in pain. Even though our thoughts might be with them, we lack the confidence to reach out, worrying that we will say or do the "wrong" thing.

In this practical, step-by-step guide to what she calls "the art of comforting," Val Walker draws on numerous interviews with "Master Comforters" to guide readers in gently and gracefully breaking through the walls that those who are suffering often erect around themselves. Interviewees include inspiring individuals such as Alicia Rasin, who, as a victim's advocate for the city of Richmond, Virginia, has devoted her life to comforting grieving families devastated by homicide, gang violence, and other traumatic experiences; or Patricia Ellen, who, as a grief counselor and outreach director at the Center for Grieving Children in Portland, Maine, appears on site to support and comfort children, staff, and parents when a school is facing a death, violence, or other crises.

All of us will, at one time or the other, be called upon to offer warmth and support to another human being who is suffering-this book will show you how to answer the call with an open heart.

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Cameron Rodriquez:

Playing with family within a park, coming to see the coastal world or hanging out with good friends is thing that usually you might have done when you have spare time, subsequently why you don't try issue that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love The Art of Comforting: What to Say and Do for People in Distress, you may enjoy both. It is very good combination right, you still need to miss it? What kind of hang-out type is it? Oh can occur its mind hangout fellas. What? Still don't understand it, oh come on its referred to as reading friends.

Alexander Ray:

This The Art of Comforting: What to Say and Do for People in Distress is completely new way for you who has fascination to look for some information because it relief your hunger of knowledge. Getting deeper you onto it getting knowledge more you know or else you who still having bit of digest in reading this The Art of Comforting: What to Say and Do for People in Distress can be the light food to suit your needs because the information inside this kind of book is easy to get simply by anyone. These books produce itself in the form that is certainly reachable by anyone, yep I mean in the e-book type. People who think that in reserve form make them feel sleepy even dizzy this reserve is the answer. So you cannot find any in reading a reserve especially this one. You can find what you are looking for. It should be here for anyone. So , don't miss this! Just read this e-book style for your better life along with knowledge.

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