



Richer Life Through Hypno-Meditation

Dr. Sanjoy Mukerji

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The human mind may be defined in terms of ‘the ability of a person to be aware or conscious of things and to think and reason.’ And also in terms of attention, remembrance, intention, opinion and stability etc. Written by a practicing hypnotherapist, psychologist and counsellor, this book offers the in-depth knowledge of human psychology, behavioural science and disorders, hypnosis and different types of meditation.

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