



# The Emotionally Focused Therapist Training Set: The Emotionally Focused Casebook

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## **The Emotionally Focused Therapist Training Set: The Emotionally Focused Casebook**

There is currently no single resource that compiles the various applications to the many clinical populations being served by Emotionally Focused Therapy today. *The Emotionally Focused Casebook* fills that void as a substantive reference for clinicians, students, professors, and supervisors using and teaching EFT. Each chapter utilizes a hands-on case study approach with concrete guidelines and illustrations for the adaptation and application of EFT with specific treatment populations. This *Casebook* is the perfect practical resource for professionals and students looking for examples of specific theoretical, conceptual, and treatment applications of EFT.

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