



Hot Stuff to Help Kids Chill Out: The Anger Management Book

Jerry Wilde

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This book offers a unique approach to one of the most pressing problems of our time. Child psychologist, Dr. Jerry Wilde, speaks directly to children and adolescents in a language they can easily understand. Hot Stuff to Help Kids Chill Out is an empowering book designed to encourage today's youth to manage their anger rather than be controlled by it.

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