



# If Not Now, When?: How to Take Charge of Your Career

Camilla Arnold, Jane Barrett

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#### If Not Now, When?: How to Take Charge of Your Career

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If Not Now, When?: How to Take Charge of Your Career Camilla Arnold, Jane Barrett The world of work is changing dramatically. Jobs for life have long been a thing of the past and even as people move up the corporate ladder, they are questioning their choices and keen to consider new possibilities such as work/life balance and portfolio working. Those of us keen to change career often don't know where to start so it remains a pipe dream rather than a reality we can work towards.

In this action-oriented and pragmatic book, expert career coaches Jane Barrett and Camilla Arnold address the common barriers to career change that they frequently encounter in their work, and give readers a proven roadmap to achieve their new job goals. If Not Now, When? includes first-hand experiences of successful career change but also quizzes, exercises and self-assessment tools to help readers make the best choice for them.



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