



70 Smoothie Recipes for Weight Loss, Detoxing and Vibrant Health

Sara Banks

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LOSE WEIGHT AND FEEL GREAT WITH THESE 70 SMOOTHIE RECIPES!

INSIDE THIS BOOK "70 Smoothie Recipes for Weight Loss, Detoxing and Vibrant Health" YOU WILL GET MY TOP SMOOTHIE RECIPES THAT YOU WILL ABSOLUTELY LOVE!

YOU WILL GET THE FOLLOWING INSIDE THIS BOOK:

- *BENEFITS OF JUICING
- *IMPORTANT TIPS TO PREPARE FOR JUICING
- *JUICING FAQ
- *GREEN SMOOTHIE RECIPES
- *COCONUT INSPIRED JUICES
- *ORANGE SMOOTHIE RECIPES
- *OTHER JUICE RECIPES

HERE ARE A FEW OF MY FAVORITES INCLUDED:

- *AVACADO MILKSHAKE
- *BERRY EXPLOSION
- *THE FAT BURNER
- *MOJITO JUICE
- *AFTER WORKOUT SMOOTHIE
- *COCONUT-PEANUT BUTTER SWIRL
- *ISLAND DREAM

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